



[ITINERARY]

[Outbound Camps]



ADVENTURE NEXUS PRIVATE LIMITED

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ADVENTURE NEXUS



| Camp Itinerary |

Day 0: - School to Camp

09:00 pm: Assemble at School
10:00 pm: Departure for Camp

Day 1: - Camp



08:00 am: Arrive Camp. Arrival Brief, introduction to camp staff and instructors and allocation of accommodation. Team divisions for the activities

08:30 am: Breakfast at the Camp. And rest for a while.

10:00 pm: Teams assemble at the Camp for afternoon session of activities
Team 1 - Rock Climbing and Rappelling
Team 2 - River Crossing

02:30 pm: Assemble for lunch at the Camp

04:30 pm: Teams assemble at the camp for evening tea and cookies

05:00 pm: **Teambuilding games**
 Team 1 - Spiders Web
 Team 2 - The Great Indian Rope Trick
 07:00 pm: Silence hour and diary time
 07:30 pm: Bonfire and games
 09:00 pm: Dinner
 10:00 pm: **Stargazing.**
 10:30 pm: Lights out, overnight at the Camp

Day 2: - Camp

07:00 am: Wake up call
 08:00 am: Breakfast at the dining area
 09:00 am: Half day trek **Bhuira Jam Cooperative Factory** with pack lunch.

BHUIRA VILLAGE, HIMACHAL PRADESH, INDIA

In rural India, one of the most direct ways to help an entire community is to empower its women. An unusual little factory in one Himalayan village has spread sweetness to two groups in India: jam-loving gourmets and village women. This is a women-owned and operated jam (and chutney) cooperative. All of their jams are handmade in small batches (2 kilograms) from local produce and sealed with a wax plug.

03:00 pm: **Outdoor Survival - demonstration based lecture.**
 05:00 pm: **Teambuilding games**
 07:30 pm: Arrive Camp followed by time to rest. Bonfire and games
 08:30 pm: Dinner
 09:30 pm: **Stargazing.**
 09:30 pm: Lights out

Day 3: – Camp

07:00 am: Wake up call
 08:00 am: Breakfast at the dining area.
 09:00 am: Morning session of Team Building Activities
 Rotation of activities among the teams
 Team 1 - Rock Climbing and Rappelling, River Crossing
 Team 2 - Obstacle Course and Flying Fox
 01:00 pm: Teams assemble at the Camp for lunch.





- 01:30 pm: Rotation of activities among the teams
- 03:30 pm: Teambuilding games
- 04:30 pm: **Outdoor Survival - demonstration based lecture.**
- 05:30 pm: **Teambuilding games**
- 07:00 pm: Diary time and silence hour
- 07:30 pm: Bonfire and games
- 08:30 pm: Dinner
- 09:30 pm: Depart for Delhi

End of services

Program Effectiveness –

- 1:10 Student instructor ratio per major activity group
- Equipment complying with international standards
- Standby Vehicles on campus for emergencies
- Qualified and Certified Mountaineering Instructors from NIM (Nehru Institute of Mountaineering)

Tips for participants and things to carry

- Always travel light and try not to carry valuable belongings
- Carry warm clothing for the evenings and light wear for the day.
- T- Shirts, Shorts and floaters for river activities
- Sunscreen lotion, Cap and Sunglasses
- Pack a good shoe for walking
- Personal medication and a torch are a must in your pack
- A book to read and a diary to record your trip is worth keeping.
- A set of extra cells for your torch are also advised



Program Cost – Rs. xxxx/- per participant –

The cost includes –

- All adventure activities and services of professional and experienced Mountaineers, with all safety gear as given on the program.
- All meals at the camp from breakfast on Arrival on day 1 to Dinner on Departure till Day 3.
- All surface transfers required for the program.
- Unlimited Tea/coffee at the camp.
- Evening snacks around the bonfire.
- Two nights' accommodation at the Camp on comfortable sharing in Tents/Huts/Cottages
- Daily bonfires (winters) and other games at the camp
- Onboard mineral water bottles

The cost does not include

- Personal expenses like tele calls, laundry or any cost not explicitly mentioned above.
- Insurance cost



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